

CALENDARIO

de Actividades

Sports & Health Club

Sports & Health Club Activities Calendar



2-7 Diciembre *December 2ND- 7TH*

	Lunes 02/12 Monday	Martes 03/12 Tuesday	Miércoles 04/12 Wednesday	Jueves 05/12 Thursday	Viernes 06/12 Friday	Sábado 07/12 Saturday
9:30 H 10:30 H			Yoga		Yoga	
12:00 H 13:00 H	Mini Crossfit	Pilates		Mini Crossfit		Pilates

9-14 Diciembre *December 9TH- 14TH*

	Lunes 09/12 Monday	Martes 10/12 Tuesday	Miércoles 11/12 Wednesday	Jueves 12/12 Thursday	Viernes 13/12 Friday	Sábado 14/12 Saturday
9:30 H 10:30 H			Yoga		Yoga	
12:00 H 13:00 H	Mini Crossfit	Pilates		Mini Crossfit		Pilates

16-21 Diciembre *December 16TH- 21ND*

	Lunes 16/12 Monday	Martes 17/12 Tuesday	Miércoles 18/12 Wednesday	Jueves 19/12 Thursday	Viernes 20/12 Friday	Sábado 21/12 Saturday
9:00 H 10:00 H			Yoga		Yoga	
12:00 H 13:00 H	Pilates	Mini Crossfit	Pilates	Mini Crossfit	Pilates	Mini Crossfit

23-28 Diciembre *December 23RD- 28TH*

	Lunes 23/12 Monday	Martes 24/12 Tuesday	Miércoles 25/12 Wednesday	Jueves 26/12 Thursday	Viernes 27/12 Friday	Sábado 28/12 Saturday
9:30 H 10:30 H		Mini Crossfit			Yoga	
11:30 H 12:30 H	Yoga					
12:00 H 13:00 H	Mini Crossfit			Pilates	Mini Crossfit	Pilates

30-4 Diciembre/Enero *December/January 25TH- 30TH*

	Lunes 30/12 Monday	Martes 31/12 Tuesday	Miércoles 1/01 Wednesday	Jueves 02/01 Thursday	Viernes 03/01 Friday	Sábado 04/01 Saturday
9:30 H 10:30 H		Mini Crossfit			Yoga	Mini Crossfit
11:30 H 12:30 H	Yoga					
12:00 H 13:00 H	Mini Crossfit	Pilates		Mini Crossfit	Pilates	